



■ Cook time . . . Tara Castle, Sally Warren and Victoria Brown developed the cookbook. XC

Cause for cooking well

HERE is a chance to cook up a storm in the kitchen and help premature babies at the same time.

The *One-Armed Cookbook* has been released in time for Mother's Day and contains a collection of easy and delicious recipes provided by celebrities, mums, dads, friends and family including Lorna Jane (toasted muesli), Tim Horan (spaghetti bolog-

naise), Kim Watkins (penne carbonara) and Professor Peter Dolditz (watercress soup).

Recipes have been specifically chosen for busy people wanting to create tasty food on the run.

Funds raised from the sale of the book (\$29.95) will go towards helping premature babies get the best start in life and also

assist women become mothers of healthy babies.

The money raised will be donated to the Perinatal Research Centre (PRC) at the Royal Brisbane and Womens Hospital.

The cook book concept was created by Brisbane mums Tara Castle, Sally Warren and Victoria Brown. For more details, including purchases, call 1300 363 786.