



Cookbook to raise funds for premature babies

THE perfect gift for Mother's Day, charity initiative The One-Armed Cookbook contains a collection of easy and delicious recipes from celebrities, mums, dads, friends and family - specifically chosen for busy people wanting to create tasty food on the run.

All of the funds raised through the sale of the book (100% of the \$29.95 purchase price) will go towards helping Australia's premature babies get the best pos-

sible start in life, and at the same time help women become mothers of healthy babies. The money raised will be donated to Australia's largest Perinatal Research Centre (PRC) at the Royal Brisbane and Women's Hospital (RBWH) as part of the 2007 RBWH Research Foundation's Mother's Day Appeal.

Recipes donated by celebrities include international celebrity chef Gordon Ramsay's Hot Chocolate Fondant; Lorna Jane's Toasted Muesli; from national TV show Sunrise, Mel's Fruit Crumble and Kachie's Hello Dolly Squares; Channel Ten's Kim Watkin's Penne Carbonara; Channel Nine's Kerri-Anne Kennerley's Beef Wel-

lington; Tim Horan's Spag Bol and Professor Paul Colditz's (Director of the Perinatal Research Centre at the RBWH) Watercress Soup, which was donated by Princess Diana to the Neonatal Unit at John Radcliffe Hospital in Oxford where the Professor was undertaking research in 1987. Over 150 people have given their time, talent or financial assistance to help produce the book.

The book includes recipes gathered from mums, dads, friends, family, chefs and celebrities from around the world.

The One-Armed Cookbook is priced at \$29.95 and is available from www.onearmedcookbook.com or calling 1300 363 786.

