



Sally Warren and baby Jackson, Tara Castle and Harrison, and Victoria Brown and Sasha ... fundraising idea

Mums cook up a fine fundraising idea

Three Brisbane mothers are behind the publication of a new cookbook launched today to raise funds for the treatment of premature babies.

The One-Armed Cookbook is designed for people, including new mothers, who find themselves short of time and hands in the kitchen.

Many recipes in the book have been donated by Australian and overseas celebrities, as well as from chefs, and average mums and dads.

All funds raised through the sale of the book – 100 per cent of the \$29.95 purchase price – will support the perinatal research centre at the Royal Brisbane and Women's Hospital as part of the 2007 RBWH Research Foundation's Mother's Day Appeal.

The fundraising cookbook was the idea of Sally Warren, Tara Castle, and Victoria Brown. All three are members of an informal mothers' group, some of whom gave birth prematurely.

The three first met more than 16 years ago working at a Brisbane fast-food outlet and reunited when they all had baby boys within a month of each other – with Sally giving birth nine weeks' prematurely to Jackson, now almost 10 months old.

The One-Armed Cookbook will be available at the end of April from all Mary Ryan Bookstores, Lorna Jane stores, and Supanews outlets. It can also be purchased from the end of April by visiting www.onearmedcookbook.com or by calling the RBWH Research Foundation during working hours on 1300 363 786 from the end of the month.